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TITLE: Social distancing and preventing the spread of COVID-19 – Buildings (Including Statutory Compliance)

APPROVED BY: Head of Health, Safety & Quality

Company name:	1Life	Date of issue:	
Site name:		Name of assessor:	
Date of assessment:		Assessor's signature:	
Persons consulted on the	e completion of this risk a	assessment:	
Name		Job Title	

HAZARDS – What will cause harm?

- Close contact with colleagues, customers or contractors suffering from COVID-19
- Contaminated surfaces
- Sharing equipment
- Poorly maintained / unsafe equipment
- Contaminated water systems

RISKS – What could happen? What could the consequences be?

- Contracting COVID-19
- Spreading COVID-19
- Legionella
- Electric shock
- Personal injury
- Death

PEOPLE AT RISK – Who could be harmed?

Staff, Contractors and Customers will be exposed to the risks above. Insert below specific people at risk within these groups

- Staff
- Customers and Visitors
- Contractors

LOCATION – Where are the hazards located?

• All locations accessed by staff, customers, visitors and contractors

GENERAL CONTROL MEASURES – What are you doing to control the risks?

No.	Description	Yes	No	N.A.	Responsible
	Building Operations – Car parks and building entrance				



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GENERAL CONTROL MEASURES – What are you doing to control the risks?

_	orable level. Please identify below whether the controls are happ	_			
No.	Description	Yes	No	N.A.	Responsible
1	Where practical parking bays are sectioned off to allow safe queuing for customers to enter the building and will not compromise disabled parking				
2	Barriers and floor markings are used to direct customers to the building entrance and the queuing system				
3	Directional signage in place advising of building entrance and exit				
4	Tape/floor markings are used on the floor to ensure 2-metre distancing for customers when queuing.				
5	Queuing system set up close to the building to ensure it is separated from any vehicles.				
6	External queues to do not block fire escapes				
	Entering and Exiting the building				
1	Queuing system in place from outside areas to reception				
2	For outdoor activities only one player is permitted to enter the site				
3	Floor stickers in place to help manage social distancing				
4	Staff at reception to control entry system and to ensure social distancing is maintained				
5	Doors are kept open where possible				
6	Entry and exit doors are separate where possible				
7	Hand sanitisers stations in place on entry and exit to the building to encourage good hygiene				
8	Face coverings are required to be worn by customers and staff (unless exempt) unless customers are exercising. Reception staff to advise customers of requirement				
9	Signage displayed advising customers that face coverings are to be worn				
	Barrattan				
	Reception				
1	Floor stickers in place to help manage social distancing				
2	Perspex screens fitted to reception to help maintain social distancing				
3	Floor markings in place to indicate where customers should stand				
4	Disposable face masks available for receptionists, should the receptionist choose to wear one				
5	Only card payments accepted				
6	Customers book online or on the App				
7	Turnstiles and gates are kept open				
8	Tills, touchscreens and phones are sanitised after each shift				
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	otable level. Please identify below whether the controls are hap	Jerning (J1 110t.		
No.	Description	Yes	No	N.A.	Responsible
9	Desks are sanitised at staff changeover				
10	Card payment machines are sanitised frequently				
11	Retail stock is not accessible by customers				
12	Staff working behind reception maintain 2-metre distancing				
13	Back to back or side to side working will be adopted, rather than face to face.				
14	Government QR codes in place to support test and trace				
15	All users of the site will have the details recorded at reception as part of the admissions process.				
16	Contact details are retained for 21 days to support NHS Test and Trace				
	Circulation areas				
1	Where practical floor markings are in place to indicate the direction of travel				
2	Prominent signage is displayed advising of social distancing				
3	Hand sanitising stations are set up throughout the building				
4	Where possible doors are kept open, fire doors must remain closed				
5	Door handles, push plates and door edges are frequently cleaned throughout the day				
6	Where practical seats and tables are removed from the building to prevent customers from congregating.				
7	Lifts cannot be shared and are restricted to members of the same household or carers assisting disabled or vulnerable users. Signage displayed advising customers do not share the lifts and sanitise hands before use.				
8	Customers advised to leave the Centre immediately after their activity and will not congregate in the Centre				
9	External hirers are responsible for their users social distancing when moving through the Centre				
	Toilets				
1	Only one male, female and disabled toilet facilities will be open for public use.				
2	Cleaning schedule in place				
3	Touch points to be cleaned with disinfectant at regular intervals by all staff on duty				
4	Toilet roll, hand soap and paper towels are kept well stocked				
5	Only one person can use the toilet at a time				
6	Signage in place advising customers of good hygiene practices				



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GENERAL CONTROL MEASURES – What are you doing to control the risks?

No.	Description Yes No N.A. Responsible				
NO.	Description	res	NO	N.A.	Responsible
	Changing Rooms				
1	Changing rooms are only opened during specified times throughout the day				
2	Changing room occupancy reduced to ensure social distancing can be maintained				
3	Limited number of lockers available with keys removed from lockers not in use in line with total occupancy and to reduce the number of touchpoints required to be cleaned				
4	Users are instructed to use changing cubicles where these are in place				
5	Where showers do not have cubicles every other shower is taken out of use to maintain social distancing				
6	Changing room touchpoints are cleaned at least hourly during the hours they are opened and only if used				
7	Changing rooms are periodically inspected to ensure social distancing is being maintained.				
8	Hair dryers are taken out of use				
	Ventilation				
1	Air Handling Unit dampers opened to allow 100% fresh air and run for 24 hours a day				
2	Max capacity for gyms and studios reduced to ensure 100sqft per person is achieved to achieve a target ventilation rate of 20 litres per person per second, whilst maintaining social distancing				
3	All windows and doors which are not fire doors to be left open where possible and where security is not at risk.				
4	All supply and extract vents are kept clean and run for 24 hours				
	Statutory Compliance				
1	The annual fixed electrical service has been completed within the last 12 months and all C1's and C2's has been completed in the specified time.				
2	Fire alarms have been serviced within the last 6 months with no faults present on the system.				
3	All portable appliances have been tested within the last 12 months and defective equipment taken out of use.				
4	All outlets are flushed thoroughly for several minutes with temperatures of above 50 and below 20 achieved. Action is taken where this isn't achieved				



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Risk assessment to be reviewed in line with Government

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GENERAL CONTROL MEASURES – What are you doing to control the risks? All the control measures identified below will in combination, contribute to minimise the risks identified to an acceptable level. Please identify below whether the controls are happening or not. N.A. No. Description Yes No Responsible Legionella samples taken from the calorifiers, cold water 5 storage tanks and sentinel outlets and must come back clear before re-opening. Gas boilers have been serviced by a qualified engineer within 6 the 12 months and any remedial works completed as specified in the service report. Passenger lifts have been serviced and received a LOLER 7 examination within the last 6 months. Emergency lighting has been serviced within the last 12 8 months and remedials rectified All fire extinguishers have been serviced within the last 12 9 Lightening protection systems have been serviced within the 10 last 12 months. Air conditioning units are run at least 3 days before opening the gyms and studios and any defects are reported, and repairs carried out by a qualified engineer. Service checks for 11 all air conditioning should be arranged, as soon as possible which must include leak testing.

	SITE SPECIFIC ASSESSMENT – Complete this table for any hazard, risk not included above and for any additional control measures in place or required.							
No.	Hazard	Risk	Control Measure	Responsible	In place? Yes/No			

CONTACT YOUR COMPANY HEALTH AND SAFETY RESOURCE IN THE FIRST INSTANCE IF YOU ADD ANY HAZARD, RISK OR CONTROL MEASURE IN THIS TABLE

advice.

¹ Continue numbering from previous table 5.1.54.01RA – 1Life



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ACTIONS – What actions must be done to ensure the full implementation of the risk assessment? Write down an appropriate action for any control measure marked as 'No' Identify high priority actions with a 'Yes'

Link the 'Number' column to the relevant Control Measure number in the risk assessment to enable the assessor to cross reference and check that all 'No's' have an action recorded against them Insert additional rows as required to enter all of the actions needed.

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Number	Description	High Priority?	Responsible	Due Date	Completion date	Completion checked by:

I confirm that I have read, reviewed and understood this risk assessment and if in doubt I have sought the advice of the relevant person in my organisation.

I confirm that I am aware that I must monitor the completion of the actions highlighted in the assessment to ensure they are completed adequately and within the timescales set.

Appointed Person:	Signature:
Appointed Person Job Role:	
Date:	
Authorised Person:	Signature:
Date:	

